

BREAKFAST AVAILABLE UNTIL 12PM NOON.

PLEASE LET US KNOW OF ANY ALLERGIES SO WE CAN BE DILIGENT WHEN PREPARING YOUR NOSH BUT UNFORTUNATELY WE CAN NOT GUARANTEE AN ALLERGEN FREE MEAL.

TOASTED SEEDED BAGEL W/ PEANUT BUTTER, HONEY, SLICED BANANA & CINNAMON
(WHEAT, GLUTEN, EGG, DAIRY, SESAME, NUTS)

GASTRO BACON OR SAUSAGE SOFT BUTTERED BAP

(WHEAT, GLUTEN, DAIRY, EGG)

EITHER RASHERS OF LIDSTONE SMOKED BACK BACON OR LIDSTONE CHIPOLATAS W/ HP SAUCE OR KETCHUP.

ADD EXTRA? BELLE X FRIED EGG. (EGG)

GASTRO STACK IN A TOASTED SEEDED BAGEL OR SOFT BUTTERED BAP

(WHEAT, GLUTEN, SESAME, EGG, DAIRY)

RASHERS OF LIDSTONE SMOKED BACK BACON, LIDSTONE CHIPOLATA, BELLE X FRIED EGG & W/ HP SAUCE OR KETCHUP.

BOSKO'S EGG & HALLOUMI BAP

(WHEAT, GLUTEN, DAIRY, EGG)

GRILLED HALLOUMI, BELLE X FRIED EGG, BOSKO KIMCHI SLAW, & BOSKO'S SUMMIN' SPICY SAUCE.

BOSKO BREAKY BURRITO W/ EITHER SCRAMBLED BELLE X EGGS OR A VEGAN SAUSAGE (VE)

(WHEAT, GLUTEN, DAIRY, EGG)

BOSKO KIMCHI SLAW, ROCKET, LEMON YOGHURT, MEXIBEANS, BOSKO'S SUMMIN' SPICY SAUCE & MOJO MAYO.

ADD EXTRA? GRILLED HALLOUMI OR LIDSTONE CHIPOLATAS. (DAIRY/WHEAT)



LUNCH AVAILABLE FROM 12PM NOON.

STUFFED SOUGHDOUGH PITTA POCKETS OR BOWL AS A GF OPTION.

(WHEAT, GLUTEN, SESAME, NUTS)

STUFFED W/- BOSKO'S KIMCHI SLAW,
MINI GEM, FRESH SLICED CUCUMBER,
MOJO MAYO,
SPICED FALAFEL & WALNUT CRUMB (NUTS)
BOSKO'S SUMMIN' SPICY SAUCE (SOY, SESAME),
FRESH HERBS & SPROUTS.

ADD A HOT TOPPING?

(VE) PULLED KOREAN BBQ JACKFRUIT
(WHEAT, GLUTEN, SOY & SESAME)

OR

PULLED BLACKENED CAJUN CHICKEN

OR

LOW & SLOW BEEF BRISKET



RARE & PASTURE HOT DAWGS

ALL OUR PORKFURTER DAWGS ARE AN AWARD WINNING ORGANIC PRODUCT FROM LOCAL CHARCUTERIE GENIUSES & EVEN BETTER THEY CONTAIN NO NASTIES.

WANT IT VEGGIE? JUST SWAP ANY PORKFURTER DAWG FOR A VEGAN FRANKFURTER. ALL DAWGS ARE TUCKED UP IN A LUSH PREZEL BUN.

OG DAWG

(WHEAT, GLUTEN)

KETCHUP, FRANKS MUSTARD, JALLAPENOS & CRISPY ONIONS.

RAREBIT DAWG

(DAIRY, MUSTARD, SOY, SESAME, WHEAT, GLUTEN)

HOMEMADE MATURE CHEDDAR RAREBIT, CHILLI INFUSED HONEY, FESH HERBS & PICKLED RED ONION.

WOOFDORF DAWG

(DAIRY, NUTS, WHEAT, GLUTEN)

HOMEMADE BLUE CHEESE SAUCE, APPLE SLAW, FRESH HERBS, WALNUT & BLUE CHEESE CRUMB.

MOVING MOUNTAINS PLANT BASED DAWGS

ALL OUR DOWGS ARE TUCKED UP IN A LUSH VEGAN PREZEL BUN.

(VE) OG DAWG

(WHEAT, GLUTEN)

VEGAN DAWG, KETCHUP, FRANKS MUSTARD, JALLAPENO & CRISPY ONIONS

(VE) JAPADAWG

(SESAME, SOY, WHEAT, GLUTEN)

VEGAN DAWG, TERYAKI & SRIRACHA MAYO, SPRING ONION, FESH HERBS, TOGARASHI & CRISPY ONIONS.

(VE) KATSU DAWG

(SESAME, SOY, WHEAT, GLUTEN)

VEGAN DAWG, WARM CURRY KATSU SAUCE, SPRING ONIONS & FESH HERBS.



KIDS MENU

POWER PUFF PITTA

(WHEAT, GLUTEN, SESAME)

1/2 SIZE PITTA, MINI GEM, CUCUMBER, CHICKEN OR FALAFEL CRUMBLES & MAYO.

MINI DAWG

(WHEAT, GLUTEN)

RARE & PASTURE KIDS PORKFURTER PLAIN OR W/ KETCHUP IN A PRETZLE HOT DOWG ROLL.

(VE) MINI VEGAN DAWG

(WHEAT, GLUTEN)

MOVING MOUNTAINS FRANKFURTER PLAIN OR W/ KETCHUP IN A PRETZLE HOT DOWG ROLL.

TOASTED SEEDED BAGEL W/ SOFT CREAM CHEESE OR VEGAN CREAM

(WHEAT, GLUTEN, DAIRY, EGG, SESAME)

CHEESE & SLICED CUCUMBER



SUPER SEEDED BAGELS: MADE FRESH DAILY!

PLEASE SEE DISPLAY FOR TODAY'S SELECTION.

THE CLASSIC

(DAIRY, BARLEY, WHEAT, EGG, SESAME, FISH)

Smoked Salmon, Cream Cheese, Bosko Pickled Red Onion, Beetroot Sprouts.

SIMPLES

(DAIRY, BARLEY, WHEAT, EGG, SESAME)

Smoked Ham: Mature Cheddar & Mayo

KIMCHI & CHEDDAR

(DAIRY, BARLEY, WHEAT, EGG, SESAME)

Mature Cheddar, Bosko Kimchi Slaw, Sunflower Sprouts

THE REUBEN

(MUSTARD, BARLEY, DAIRY, WHEAT, EGG, SESAME)

Reuben Pastrami, Sauerkraut, Polish Pickles, Swiss cheese, Franks Mustard & Mayo

HAIL CAESAR!

(DAIRY, BARLEY, FISH, WHEAT, EGG, SESAME)

Caesar Dressed Chicken, Mini Gem, Parmesan Shavings

MOJO CHICKEN

(GLUTEN, WHEAT, SESAME)

Mojo Mayo dressed pulled chicken, rocket & beetroot sprouts.



VEGAN BAGELS

VEGAN REUBEN

(MUSTARD, GLUTEN, SESAME, WHEAT)

Plant based pastrami, Sauerkraut, polish pickles, Franks Mustard & mayo.

NODUJA

(GLUTEN, SESAME, WHEAT, SESAME)

Nodjua, Violife cream cheese, Bosko Kimchi Slaw, mojo mayo & beetroot sprouts.

IN A PICKLE

(GLUTEN, WHEAT, SESAME, NUTS)

Violife cream cheese, Bosko quick pickled carrot & cucumber ribbons, apple slaw, falafel & walnut crumb.